

Préime DermaFacial

AFTERCARE

Your skin has been deeply cleansed, stimulated, and nourished during your facial. To prevent irritation and support healing, follow the guidance below:

Avoid for 24 hours:

- Heat treatments (hot showers, saunas, steam rooms)
- Excessive sweating and strenuous exercise
- Makeup (mineral makeup is allowed)

Avoid for 72 hours:

- Active ingredients such as AHAs, BHAs, retinols, and exfoliating acids

Sun protection

- Apply SPF 30+ daily and reapply every 2 hours during sun exposure to prevent sun damage.

Ongoing care:

- Repeat treatments every 2–4 weeks for best results
- Use high-quality skincare with active ingredients consistently
- Wait at least 2 weeks before undergoing advanced skin treatments

What to expect:

Mild redness, tightness, tingling, itchiness, or sensitivity may occur. These effects are normal and should subside within 24 hours. If they persist, contact your practitioner.

IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.